

Magill Sunrise
Rotary
Club



Lindsay's Lobs

VOLUME 26/ ISSUE 22

1,207/ 14 FEBRUARY 2023

Welcome & Apologies

Apologies have been received from Colin
Welcome to Iryna Roik



Next Club Meeting 1208

7:00 am, 21 FEBRUARY 2023

Heccies, 31 Fisher Street, Magill

Club contact: Lindsay Davis - 0415 453 101

GUEST SPEAKER: Dr DEBORAH KELLY.

"Dolphins that I have come to know, love and hate."



PRESIDENT'S REPORT

Again – a massive Magill Sunrise Market, this time in combination with the inaugural 'Lift The Lid Walk for mental health' in Campbelltown. THANK YOU to the Rotary Club of Campbelltown for partnering with our club for the Walk. We had an energetic and supportive crowd for the walk; advertising on the scoreboard was seen for the first time; and the buzz of some extra people around the Market was appreciated by all the stall-holders. So, for the first market for 2023, it was an absolutely amazing morning.

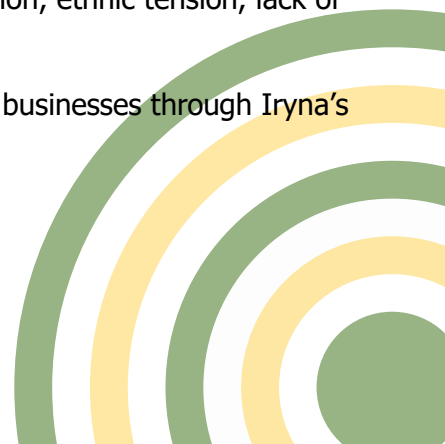
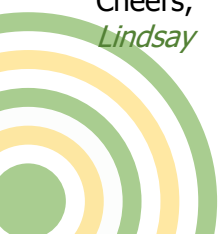
In the Rotary world, February's theme is '**PEACEBUILDING AND CONFLICT RESOLUTION**'. What a massive challenge when there are over 70 million people displaced, as a result of conflict, violence, persecution, and human rights violations. Half of them are children.

As a humanitarian organization, peace is a cornerstone of Rotary's mission. We believe when people work to create peace in their communities, that change can have a global effect.

By carrying out service projects and supporting peace fellowships and scholarships, Rotarians are taking action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources.

We were fortunate to have some personal insight to the impacts on families and businesses through Iryna's talk this week.

Cheers,
Lindsay



Guest Speaker: IRYNA ROIK



Iryna Roik was our club's guest speaker at this week's breakfast meeting. Iryna is a Business Development Manager from IRIS IT, based at Kent Town, which specialises in IT infrastructure and cybersecurity.

Iryna left the Ukraine five years ago to start a new life in Adelaide with her young son, who is now aged 8. She was motivated to migrate for the health of her son, who is asthmatic and a move to Australia for his benefit was the primary reason. In addition the annexation of Crimea in 2014 and continuations of hostilities with Russia was another reason.

She holds a master's degree in Information Technology (Economics), specialising in Project Management.

In the time allotted Iryna spoke on cybersecurity and the situation in Ukraine. She started her address on cybersecurity with a personal experience and the much publicised Medibank hack. Using information from the time she spent in Flinders Hospital, hackers made a request for payment of a bill for a non-existent procedure. Thousands of such phoney demands would have been made on the unsuspecting Medibank customers.

Last year Australia was the worst country for data breaches with an average of 22 hacks every minute. This works out to around 8000 hacks per 100,000 persons. The big targets for mining data by hackers are healthcare, financial institutions, education, legal, accounting, management and recruiting. Last year 93,000 payroll accounts of employees of the SA Government were hacked. Even Microsoft was hacked twice in 2022. Eighty percent of security issues are created from within an organisation. Just seeing an IP address opens the door for hackers.

Iryna underscored the importance of conducting refresher courses for employees on IT and security. One example of lax security was an employee allowing an unknown person to walk into their office with a storyline of I'm here to fix your computer and then installing a special spyware chip. Another gem from Iryna was **DON'T CLICK ANY LINK**. Check the website, which will have all the info that you want from a reputable organisation.

Iryna also explained why Zelensky keeps on asking for arms from the west; trebling the size of Ukrainian forces post Russian invasion means Ukraine is not able to adequately arm those who would defend the country. Ukraine defence force has now grown to 700,000.

Editor's Note: from other sources, Russia is expected to have an invading army of 1M by northern spring.

Iryna charity work is for **SALAVA** which promotes the Ukrainian community and culture. SALAVA is raising funds to support homeless citizens of Ukraine, made destitute by the Russian invasion. SALAVA will be holding a fund-raising event soon at the Burnside Town Hall to raise money to purchase armoured ambulances. More info to follow.

Mark Thompson

PRESIDENT'S THOUGHT FOR THE DAY

"The great acts of love are done by those who habitually
do small acts of kindness"
Victor Hugo

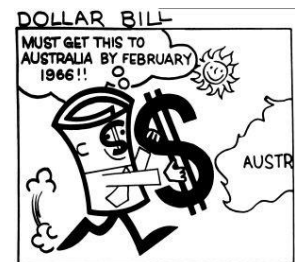


QUIZ QUESTION:

Today is the anniversary of what significant Australian event?

Answer: Today is the 57th anniversary of the introduction of decimal currency.

February 14, 1966 saw the introduction of decimal currency to Australia. On Changeover Day, the old system of pounds, shillings and pence gave way to the new dollars and cents.



This quiz question was easily answered and the sad thing was that many of us still remembered the words to the jingle, sung to the music of "Click go the Shears". *Was that really 57 years ago??*

*In come the dollars and in come the cents
to replace the pounds and the shillings and the pence.
Be prepared folks when the coins begin to mix
on the 14th of February 1966.*



ICE BREAKER:

The South Australian government has announced that the suburban inner-fill has not been successful and will revert back to the urban sprawl. They intend to release land in the north and south of the city to create new suburbs and build hundreds of new homes.

How do you feel about this? Do you think this is a positive step to alleviating a housing crisis or do you think this will create another can of worms?

Responses:

It was fairly unanimous that the policy of urban in-fill was a failure, and a new approach was to be looked at for future development.

Opening up land for housing is all very well but the infrastructure has to be added from the beginning. The roads need to be addressed to see if they can handle the influx of traffic, public transport needs to be in place from the beginning of the development not years down the track. Schools, hospitals, ambulance stations etc need to be in place at the same time people move into their new houses.

Many of us are young enough to remember the proposed satellite city of Monarto in the 1970's and the much heralded Multi-function Polis destined for Gillman in the late 1980's. Neither got off the ground, so we will wait to see if this idea proceeds any further than the drawing board.



JACKPOT
21FEB23
\$5.00

Rotary Club of Campbelltown
PRESENTS
CLASSICS on the Park

Sunday 19th February 2023
Thorndon Park Reserve, Hamilton Tce, Paradise
(Food and drinks available for sale)

10am - 2pm

PROUDLY SUPPORTED BY:

ROH WHEELS, PARADISE MAZDA, MGA, SHANNONS INSURANCE, BIANCO, CAMPBELLTOWN CITY COUNCIL, Spring Gully Foods, RAA, MTA, NORTH EAST MITSUBISHI, Profile, UNIVERSAL

For more info: classiconthepark@gmail.com
Sam 0415 695 888 or Jeff 0418 807 040
@classiconthepark



MONTHLY MARKET AND "LIFT THE LID WALK" FOR MENTAL HEALTH





A big thank you to all who participated in the walk and for supporting our market.



LIFT THE LID
on mental illness



'LIFT THE LID WALK' FOR MENTAL HEALTH

The inaugural "Lift The Lid Walk – Campbelltown" on **Sunday 12th February 2023** exceeded expectations.

We had support from so many official guests and connections, including:

Lift The Lid Walk Ambassador & Emeritus Professor Michael Sawyer OAM

Hon. James Stevens MP – Member for Sturt
Hon. John Gardner MP – Member for Morialta
Hon. Vincent Tarzia - Member for Hartley
Anna Leombruno - Newton Ward Councillor
Claude Scalzi - Newton Ward Councillor
Dom Barbaro – Gorge Ward Councillor
Jags Lakhani - River Ward Councillor
Matthew Noble - River Ward Councillor

District Governor – Paul Thomas & Kathryn
District Governor Nominee – Marie-louise Lees
Assistant Governor – Stephany Martin
Past District Governor – Jeff Neale & Jenny
Past District Governor – Dick Wilson
Past District Governor – John Campbell
Past District Governor – Barbara Wheatcroft
Past District Governor – Wendy Gaborit
Chair of the Combined Clubs Committee – Betty Gebert



We were also joined by a crew from St John Ambulance

And we give a huge THANK YOU to all our sponsors:

GOLD SPONSOR – [Paradise Mazda](#) (Jeff & Jenny Neale and the family and their team).

When you need another car, Paradise Mazda can help you navigate the process and drive away in style.

BRONZE SPONSOR – [Jolleys Boathouse Restaurant](#) (Adelaide's premier riverside restaurant)

BRONZE SPONSOR – [Hampton Homes Adelaide](#) (bringing your building dreams to life)

So to quote River Ward Councillor *Jags Lakhani*, "It was nice and sunny for the [Lift the Lid on Mental Illness Walk](#) at [Campbelltown Memorial Oval](#). It is deliberately not a race, but an opportunity to get people together and raise awareness of the serious mental health issues we face in all areas of our communities, schools, homes and workplaces. All proceeds go to mental health research through [Australian Rotary Health](#) through the event organised by [Rotary Club of Campbelltown](#) in association with [Magill Sunrise Rotary](#)"

Total dollars raised are still being tabulated, but it will be a very worthwhile contribution to Australian Rotary Health research - and continues to reduce the stigma and raise awareness of mental illnesses.

We look forward to seeing you on a 'Lift The Lid Walk' for mental health in future years.



Upcoming Events

Sunday 19 February

CLASSICS ON THE PARK CAR SHOW

Thorndon Park Reserve 10.00am – 2.00pm

Thursday 23 February

BOARD MEETING- 6.30PM

Café Va Bene
636, Lower NE Road, Campbelltown

Friday 3 March

MOONLIGHT MARKET

Thorndon Park Reserve 5.30pm – 9.30pm

Friday 10 March

ROTARY FOUNDATION & SOCIAL PHILANTHROPY

Adelaide Oval 5.30pm – 7.30PM

Saturday 11 March

"PROTECTING THE ENVIROMENT" Forum

Charles Campbell College. 2.00pm – 5.00pm

Wednesday 22 March

BBQ & OFFICIAL OPENING OF WORKSHOP EXTENSION

3, Maryvale Rd, Athelstone - 6PM-8PM - Rotary Club of Morialta

Sunday 23 April

MULTIPLE BIRTH FESTIVAL

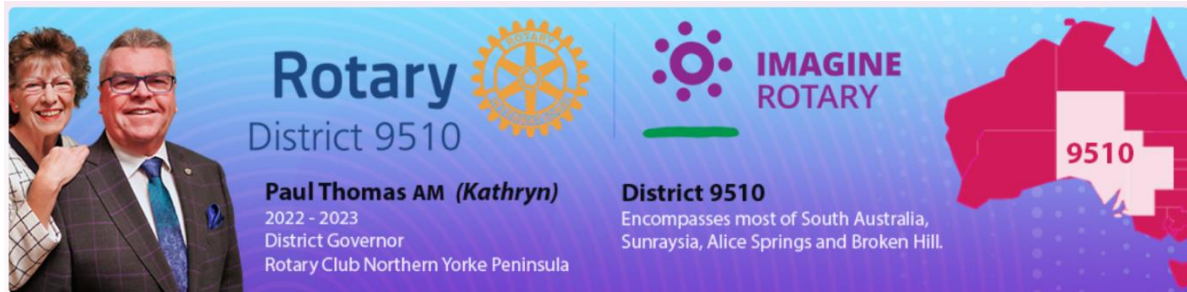
Orphanage Park, Goodwood. Rotary Club of Unley.

27th-31st May

ROTARY INTERNATIONAL CONFERENCE

Melbourne





President
Lindsay Davis

Secretary
Colin Hill



*In the spirit of reconciliation,
the Rotary Club of Magill
Sunrise acknowledges the
Traditional Owners of the land
where we serve the community,
the Kurna people of Tandanya,
and we pay our respects to
their Elders past and present.*



www.magillrotary.org.au



www.facebook.com/rotarymagill



magill@rotaryclub.org.au

Meetings for Makeups

Please check with the club before attending

Monday

Campbelltown: 0407 724 699

6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday

St Peters: 0493 281 503

6.15pm - Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082

6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am - 1st & 3rd Wednesday

Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

2nd & 4th Wednesdays

Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

6.30pm - 1st, 3rd & 5th Wednesdays

Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2nd & 4th Wednesdays

Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 737

6.30pm - Tower Hotel, Cnr St Bernards & Magill Rds, Magill

