



Lindsay Uninterrupted

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WELCOME

Welcome to Tara Belton, CEO of the RSL in SA/NT, with Meredith Burgess and Denny Wassenaar from Magill RSL; Suzette Coat and Luci Blackborough (honorary members) and Loretta (Luci's mother).

PRESIDENT'S REPORT

There are meetings – and there are SUPER MEETINGS. Today was definitely one of the super variety.

And the formula is simple. Just surround yourself with caring and dedicated people who go the extra mile to make the world a better place.

These people are everyday heroes - constantly concerned about helping others. Their level of commitment, kindness and humility is quite extraordinary.

Some, like our newest Paul Harris Fellow Meredith Burgess, have been doing good works for a long time.

Others, like our newest members Alice Josaf and Dr Godfrey Sibanda are actively working at expanding their impact.

They are living examples of Rotary's motto - 'Service Above Self'.

As Gandhi famously said, we must be the change we want to see in the world. So, whatever your cause, we can all make positive changes within our neighbourhoods and communities, as well as with larger pursuits worldwide.

Life is SO worthy of that extra effort to help make a positive difference in our community. Simply go the extra mile to volunteer for an event or join our club.

Cheers,
Lindsay

DIARY NOTES

JUNE MEETINGS

4th, 11th & 18th

First three Tuesdays of the month

NEXT CLUB MEETING 1255

7am, 18 June 2024

Heccies,

31 Fisher St, Magill

Club contact: Lindsay Davis

0415 453 101

Guest Speaker:
SHOWN OOSTING



Shown Oosting is a consultant on First Nations engagement and chairs Campbelltown City Council's Reconciliation Advisory Committee (amongst many other interesting community pursuits).

We invite you to join us to hear Shown's story and gain a much better understanding of our 'Acknowledgement To Country'.





GUEST SPEAKERS: MEREDITH BURGESS & TARA BELTON



There was a military theme running through the presentations of our two guest speakers. First came Meredith Burgess, President of the Magill RSL Sub Branch, followed by Tara Belton, CEO RSL SA and NT.

Meredith told us that Magill RSL has 26 members who qualify as veterans, which is 6 above the minimum to qualify as a Sub Branch. In addition, there are 32 affiliated members.

Clubrooms are open Thursdays 3:00 PM till 7:00 PM, Fridays 3:00 PM till late and Sundays 3:00 PM till 6:00 PM.

The first Tuesday of each month is Free Lunch for Veterans and families Day. The first Friday evening of each month is Jazz Night, and the second Friday of the month is Schnitzel Night. Check out their Facebook page for upcoming events.

It was good to hear that our club's Quiz Night fund raiser for Magill RSL was the catalyst for creating a separate bank account (Vet's Account) to spend exclusively on veteran centric purposes.



Other projects for the Magill RSL are the Aboriginal War Memorial to be opened at "The Gums" in August and "Buy a Bollar" (open air plaque with list of helplines etc.

Meredith then concluded with a plea for more volunteers helping at the Anzac Day Breakfast at the Clubrooms.

Next up was RSL CEO for SA and NT, Tara Belton. Tara focused on the Reach Out Well Being Program for Veterans. To learn more about the program as a recipient of help or to become a volunteer then log onto <https://www.rlsa.org.au/wellbeing-services>.

The RSL SA Reach Out Wellbeing Program has been established to provide its overall goal of guidance, support, and service advice in a one-stop shop approach to Veterans and their families, statewide.

The RSL SA Reach Out Wellbeing Program has been designed to increase the quality and competency of our important volunteer army, providing them with the tools and training required to become recognised RSL Wellbeing Support Officers (WSOs).

The WSOs go through a rigorous training and checking program to be deemed accredited to provide any support or services.





PRESIDENT'S THOUGHTS FOR THE DAY

A little inspiration to take away ...

"There is no higher value than aspiring to be better tomorrow than we are today"
~*Adam Grant*

or ... the Rotary version ...

"There is no higher value than aspiring to be part of a better world tomorrow than we are today"

CONGRATULATIONS BET – 20 YEARS OF SERVICE TO ARH



Club member Bet Gebert has received a letter and Certificate of Appreciation acknowledging her 20 years of service to Australian Rotary Health.

The letter conveys appreciation for Bet's personal commitment, contributions and dedication to ARH's mental health programs, Lift the Lid fundraisers and Lift the Lid Walks.

Congratulations Bet and well done.



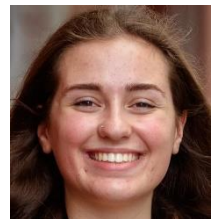
HAPPY BIRTHDAY TO ALLAN & LUCI



Wishing you both a very happy birthday.



Enjoy your day.



THE WORLD NEEDS MORE
#ROTARIANS





OUR NEW PAUL HARRIS FELLOW – MEREDITH BURGESS



In 1917, an endowment fund was established by Rotary International “for the purpose of doing good in the world”. Today, that fund is known as the Rotary Foundation - the largest non-Government Foundation in the World.

The Rotary Foundation funds, implements and manages an array of projects that save and improves the lives of people through humanitarian and educational programs; supports the Rotary Foundation's goal of completely eradicating polio world-wide; and runs activities to build world understanding and promote peace.

In 1957, an award called a “Paul Harris Fellow” was established to honour Paul Harris (the founder of Rotary). The award is often referred to as the highest distinction a Rotary club can bestow on an individual. That is because it requires the contribution of US\$1,000 to continue the works of the Rotary Foundation – and with that comes the opportunity to recognise a person whose life demonstrates a shared purpose with the objectives and mission of the Rotary Foundation.

Paul Harris Fellow recognitions have been awarded to Rotarians and others that go the extra mile in support of people in their community. Magill Sunrise Rotary Club aims to recognise one person each year in appreciation of their tangible and significant service to the local or wider community.



Today, we had the pleasure of announcing and awarding a Paul Harris Fellow to Meredith Burgess.

Many will recognise Meredith as the President of the Magill RSL – a role she carries out with integrity, honour, confidence and astuteness.

The Magill Sunrise Rotary Club had the pleasure of seeing those skills in action during our recent 80's-themed Quiz Night to raise funds for the Magill RSL.

Despite having seen the best and worst of humanity, Meredith treats all people she meets with kindness, encouragement, and good humour – and embraces the opportunity to contribute so positively to others.

Accordingly, the Rotary Club of Magill Sunrise has no doubt that Meredith exemplifies the humanitarian and educational objectives of The Rotary Foundation.

In being presented with the Paul Harris Fellow recognition, Meredith joins the remarkable company of people throughout the world, who are recognised for their commitment to ‘Service Above Self’ and supporting persons in need.





OUR NEWEST CLUB MEMBERS



It was a privilege and pleasure to welcome Alice Josaf and Dr Godfrey Sibanda into membership of our Club – knowing they exemplify the principles of goodwill and service.

Both join us with really interesting backgrounds – and we have already seen something of their commitment to supporting a village, hospital, school and orphaned children in Lirhanzo Village, Zimbabwe.

Our club looks forward to future opportunities to contribute to those activities and our members aim to make Alice and Godfrey's Rotary membership purposeful, rewarding and thoroughly enjoyable.



Volunteers Needed!



We realise that not everyone has the time to commit to joining a Rotary Club. However, if you can spare a few hours to volunteer at our monthly market we would love to hear from you.

We need volunteers to help serve at the BBQ, set up and pack down the market, cook donuts, snags, fritters and bacon and egg sandwiches. Come and join our dedicated volunteers and help make a difference.

The market is held at the Campbelltown Memorial Oval on the second Sunday of the month. We run two shifts 7am-11am and 11am -3pm but can be flexible with timings.

So, if you can spend a few hours to lend a hand and support the community in which you live, then talk to us at the market next Sunday or call 0415 453 101 and have a chat.



LIFT THE LID WALK FOR MENTAL HEALTH



LIFT THE LID
on mental illness

The Rotary Clubs of Magill Sunrise and Campbelltown, SA are hosting a **Lift the Lid Walk in Campbelltown** on **Sunday 13th October 2024**

**Raise awareness of mental illness
and help fund mental health research**



**Sunday, 13th
October 2024**



**Walk starts
at 9:00am**



**Campbelltown
Memorial Oval**



**\$30 early-bird
tickets**

Times:

8.00am - on the day registrations open
8.30am - official welcome
9.00am - walk starts (at your own pace)

Register Now at

LiftTheLidWalk.com.au/campbelltown

QR code below

Registrations:

\$30 early-bird registrations receive a FREE T-shirt; Kids under15 FREE! (no shirt)
Walkers also receive a free sausage or vegetarian equivalent after the walk.

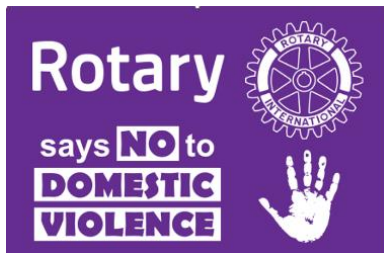
Walk Details:

A 5km circuit from Campbelltown Memorial Oval (Darley & Lower NE Road, Paradise);
along the nearby River Torrens Linear Park and returning to the starting point.
Support a great cause - and stay on to enjoy the Magill Sunrise Markets afterwards

Contact: Bet Gebert
Ph: 0429 148 143
E: bettygebert17@gmail.com
Sponsorship opportunities available

Rotary
Districts of Australia





COFFEE AND A CHAT

Our meetings are only an hour long with much packed into 60 minutes. The members survey suggested we get together and for those who can stay on after the meetings, coffee is available downstairs at the **Daly Coffee Kick**.



BE PART OF THE ROTARY FAMILY. JOIN US AND DISCOVER THE MAGIC OF ROTARY





DIARY DATES

Wednesday 12 June

BOARD MEETING 6.00pm for 6.30pm

Venue: Indian Club SA, 613 Magill Rd, Magill.
New and old Board

Friday 14 June

MAGILL RSL SCHNITZEL NIGHT – 6.00PM

8 Lorne Avenue, Magill.

Tuesday 18 June

CLUB MEETING – 7AM

Guest Speaker: Shown Oosting
"Acknowledgement to Country"

Sunday 30th June

CHANGEOVER HIGH TEA – 2.30PM



Our club Changeover will be held on Sunday 30th June at Lochend Community Hall, Lochend Drive, Campbelltown at 2.30PM.

Cost: \$30.00 per head.

Rsvp: Alison – alisonlynch69@gmail.com by 20JUN.

Tuesday 2 July

VETERANS LUNCH 12 Noon

8 Lorne Avenue, Magill.

Sunday 7 July

DISTRICT CHANGEOVER MORNING TEA – 10.00AM

Fogolar Furlan, 69 Briar Road, Felixstowe. \$50 per head.

Friday 12 July

MAGILL RSL SCHNITZEL NIGHT – 6.00PM

8 Lorne Avenue, Magill.

Saturday 13 July

MARKET SET UP – Members Only 2.00PM

Sunday 14 July

RCMS MARKET – 9AM-2.00PM

Campbelltown Memorial Oval

Tuesday 30 July

COMBINED SERVICES DINNER 6PM for 6.30PM

Marche Club, 49 Gorge Road, Paradise

LIFT THE LID WALK FOR AUSTRALIAN ROTARY HEALTH

The **Rotary Clubs of Magill Sunrise** and **Campbelltown** will host their annual **LIFT THE LID WALK** on **Sunday 13th October 2024!**

Help us **Lift the Lid on Mental Illness** by walking with us! The walk is 5km, starting from Campbelltown Memorial Oval, Corner of Darley and Lower North East Roads, linking to nearby River Torrens Linear Park and returning to Campbelltown Memorial Oval.

Registration is now OPEN!

www.liftthelidwalk.com.au/campbelltown





MEETING FOR MAKE-UPS

Please check with the club before attending.

Monday

Campbelltown: 0407 724 699 - 6.30pm - San Giorgio Club, Henry St, Payneham

Tuesday St Peters: 0493 281 503 - 6.15pm – Kensi Hotel, 23 Regent St, Kensington

Kent Town: 0433 387 082 - 6.30pm - Lord Melbourne Hotel, 63 Melbourne St, North Adelaide

Wednesdays

Eastwood: 0416 367 289

7.15am – 1st & 3rd Wednesday: Adelaide Royal Coach, 24 Dequetteville Tce, Kent Town

2nd & 4th Wednesdays: Bocelli Café, Hutt St, Adelaide

Norwood: 0412 305 660

6.30pm - 1st & 3rd Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Burnside: 0401 627 339

6:30pm - 2nd & 4th Wednesdays: Kensi Hotel, 23 Regent St, Kensington

Morialta: 0497 159 7376.30pm –

Tower Hotel, Cnr St Bernards & Magill Rds, Magill

CONTACT US

MAGILL SUNRISE ROTARY CLUB

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VOICE OF ROTARY

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ROTARY DISTRICT 9510

rotary9510.org



In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kurna people of Tandanya, and we pay our respects to their Elders past and present.

PRESIDENT

Lindsay Davis



SECRETARY

Colin Hill

