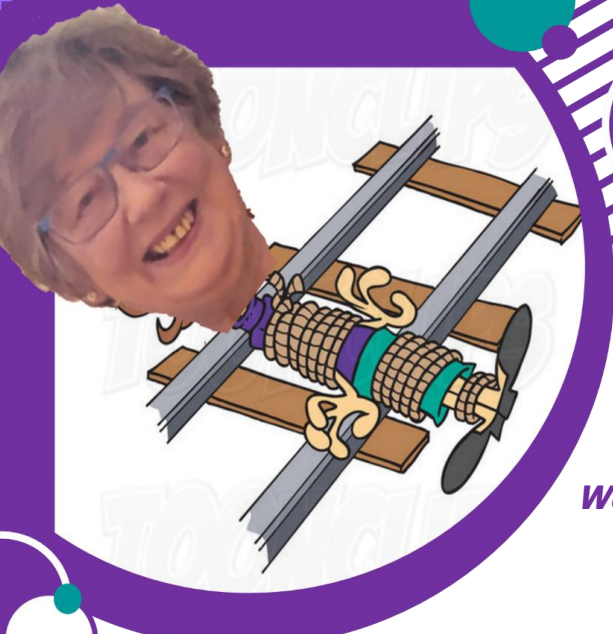




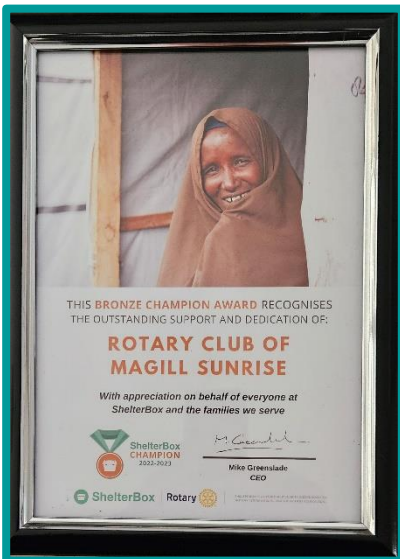
# THE PERILS OF PAULINE

VOLUME 28 | ISSUE 02  
1258 | 9 JULY 2024

*Welcome Peter Jarvis: RC of Berri and ShelterBox.*



## PRESIDENT'S REPORT



It was indeed a pleasure to welcome **Peter Jarvis** from the Rotary Club of Berri to our meeting this wintery morning.

Peter explained where ShelterBox is assisting around the world and showed us what goods were packaged and sent for emergency disaster relief. I really liked the solar light.

During the meeting the club was delighted to be presented with a **ShelterBox Bronze Champion Award**. This award is given to a Rotary club who has committed to making an ongoing impact in worldwide disaster response by supporting ShelterBox with a gift of \$1,000.00 annually for **three consecutive financial years**.

**ShelterBox** is an international disaster relief charity with a mission to provide emergency shelter and other aid items to families around the world who have lost their homes due to disaster or conflict and thus enabling affected families to rebuild their lives.

The **Rotary Club of Magill Sunrise** will continue to support ShelterBox as natural and other disasters are inevitable and frequent, and the need is continuous. Right now, more than 100 million people around the world have been made homeless by circumstances thrust upon them.

It is you, our supporters at our monthly market, that enables us to contribute to good causes. When you buy a sausage, a fritter, a bacon and egg sandwich or drop coins into the Coin Slider, it ends up **transforming despair into HOPE** somewhere in the world.

Many thanks,  
**Pauline**

## FOR THE DIARY

### July Meetings

2<sup>nd</sup>, 9<sup>th</sup> & 16<sup>th</sup>  
First three Tuesdays  
of the month

### Next Club Meeting 1259

7am, 16 July 2024  
Heccies  
31 Fisher St, Magill  
Club Contact:  
Lindsay Davis 0415 453 101

### Guest Speaker DIANA CLEMENTS



### Rotary Community Leader Group 3

Di from the RC of Norwood  
and our regionalisation  
Community Leader will be  
addressing the  
Regionalisation Pilot  
Program.





## GUEST SPEAKER – PETER JARVIS

**RC of Berri's Peter Jarvis** was our guest speaker. Peter is the District Representative for ShelterBox and has had this role since 2000, so he knows his stuff.

Peter has been his club president on three occasions and is also heavily involved in Youth Exchange. Peter started today with a video which quickly acted as a refresher on the topic. The figures for world homeless is around 100 million and it is the aim of Shelter Box to hit at least 1 million with supply of shelter boxes and paraphernalia.

ShelterBox commenced in English town of Helston Lizard in Cornwall, situated on the Lizard Peninsula. ShelterBox, although global, is controlled centrally from the UK and Rotary International is a partner/affiliate.

### *Peter Jarvis with President Pauline*

In the early days whenever a significant natural disaster occurred standard shelter boxes would be sent, irrespective if 100% of the content was relevant to the recipients.

Nowadays, a ShelterBox assessment team will first visit the disaster site and then make recommendations to HQ as to the needs of the people. For example, a shelter kit (consisting mainly of tools) will only cost one tenth of a complete shelter box, providing 10 kits to needy families rather one super deluxe shelter box.

There are many varieties of boxes; some contain water purifiers, others solar powered lamps that can double as mobile phone recharger; they also reduce the chance of fires. Most of the boxes are now eco-friendly, with limited use of plastics.

Another advancement is the use of vouchers. People are given vouchers to obtain goods and services that ShelterBox has arranged with traders and utilities.

The content of boxes is designed with the weather conditions in mind; mosquito nets for the tropics, blankets for colder regions, etc.

ShelterBox has expanded its services beyond natural disaster and now include war zones and hot spots. Where possible ShelterBox will employ locals to provide the equipment that fills the boxes. This is the case with a group of women in the Philippines who have gone from being in need to providing back to ShelterBox.

When Peter is not into all things Rotary, he's a permanent relief teacher.

Peter is seen presenting our Club President with our Bronze Award for hitting the \$1,000 donation to ShelterBox for three consecutive years.



*Mark Thompson*



## QUIZ

## QUESTION



Which of the following major cities is further north: Beijing, Tokyo, Seattle, Toronto or Budapest?

**ANSWER: SEATTLE.**

I thought this would be an interesting question as the mind usually switches to think which is the coldest place, so Beijing, Toronto & Budapest were the main guesses. Quite surprisingly, the answer is Seattle at 4,715km from the North Pole, which is only about 1,500km more than the distance from Perth to Sydney. Through geographic quirks it has nowhere near the cold winters of the other cities with a relatively mild average daytime temperature of 8C in December & January. Toronto is about 400km further south and averages 0C in January & February for example. Budapest is just 10km further south than Seattle at 4,725km from the Pole, then Toronto (5,153km), Beijing (5,567km) and Tokyo (6,041km).

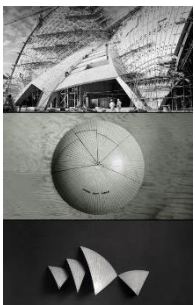


## ICE BREAKER

**Pineapple on Pizza?**

**Responses:**

Surprisingly this often-divisive question was not quite so divisive with most people either liking pineapple on pizza or not fussed. Only one person was opposed, and another reported that they used to like it, but got food poisoning once that they were able to narrow down to the pineapple on the pizza. According to various sources, food poisoning from both fresh and canned pineapple is quite possible and apparently common. Pineapple is nutrient rich, so is a favoured breeding ground for a number of bacteria including botulism, so it must be handled very carefully. Who knew?



## PRESIDENT'S - "DID YOU KNOW?"

**If all the sails of the Sydney Opera House were combined, they would create a perfect sphere.**





# Christmas in July



JULY 27



**RSL OPENS AT 5PM. DINNER SERVICE BEGINS 6PM.**

**Join us for a delicious Christmas style roast dinner including:**



**Roast Turkey Breast  
Roast Pork  
Ham  
Roast vegetables  
Assorted side vegetables  
Dessert**

**All for only \$20 per head!**

**PAYMENTS CAN BE MADE AT THE BAR**

**BOOKINGS ARE ESSENTIAL DUE TO LIMITED SEATING**



**BOOKING & PAYMENTS MUST BE RECEIVED NO LATER THAN JULY 20**

**OUR ALLOTTMENT IS FULL BUT SEE PAULINE IF YOU WISH TO ATTEND**



**KEEP THE FIRE  
BURNING!  
BLAK, LOUD  
AND PROUD**

**7-14 JULY 2024**



# COMBINED SERVICE CLUB DINNER



CAMPBELLTOWN  
CITY COUNCIL

Office of the Mayor

Mayor Jill Whittaker OAM  
has pleasure in inviting you to attend the  
*2024 Service Club Dinner*



Tuesday 30 July 2024  
6pm for a 6.30pm start  
Marche Club, corner Darley Road and Gorge Road,  
Paradise



Guest speaker: John Capaldo, Owner, Glynde Mitre 10  
Cost: \$50 per head  
Includes three course meal and beverages



RSVP by **Tuesday 16 July 2024** to Jenah Bambrick  
[jbambrick@campbelltown.sa.gov.au](mailto:jbambrick@campbelltown.sa.gov.au). Please indicate any dietary  
requirements.

• PO Box 1, Campbelltown SA 5074 • 172 Montacute Road, Rostrevor SA 5073  
Telephone 08 8366 9222 • Facsimile 08 8337 3818 • Website [www.campbelltown.sa.gov.au](http://www.campbelltown.sa.gov.au)

*Please let Alison know as soon as possible if you will be attending  
the Combined Service Club Dinner.*



The Rotary Clubs of Magill Sunrise and Campbelltown Present

The 2024 'Spring Into Health' Lift The Lid Walk

\$5

RAFFLE

800  
Tickets  
Only!

For Mental Health Research through Australian Rotary Health

Drawn 1pm Sunday, 13th October 2024

Magill Sunrise Market, Campbelltown Memorial Oval, Paradise SA

## TEN AMAZING PRIZES!

1st: Two Nights Accommodation for 6 people at Wilkadene Cottage on the Murray River.  
Thanks to WOOLSHED BREWERY, Murtho SA. Value Up to \$500



2nd: Gift Box thanks to NATIONAL PHARMACIES, Tea Tree Plus, Modbury. Value \$250

3rd: Shimano Tackle Bag, Hard Top thanks to BCF Modbury. Value \$125

4th: Gift Box thanks to REPCO, Modbury. Value \$125

5th: Gift Vouchers thanks to BUNNINGS, Windsor Gardens. Value \$100

6th: Gift Basket thanks to TONY & MARK'S. Value \$100

7th: Gift Basket thanks to DRAKES Lightsview. Value \$100

8th: Restaurant Voucher thanks to DIMPLES at TTG Golf Club. Value \$100

9th: Glass Oil Set and Tray thanks to PERFECT BLEND CAFÉ, Payneham South. Value \$50

10th: Trendy Gourmet Gift Box thanks to CHARLESWORTH NUTS. Value \$50

Magill Sunrise  
**Rotary**  
Club



**Rotary**  
Campbelltown SA



## ANNIVERSARY

**Wishing Alice and Martin a Happy 21<sup>st</sup> Wedding Anniversary.**



# LIFT THE LID WALK FOR MENTAL HEALTH



LIFT THE LID on mental illness

The Rotary Clubs of Magill Sunrise and Campbelltown, SA are hosting a **Lift the Lid Walk in Campbelltown on Sunday 13<sup>th</sup> October 2024**

**Raise awareness of mental illness and help fund mental health research**



Sunday, 13<sup>th</sup> October 2024



Walk starts at 9:00am



Campbelltown Memorial Oval



\$30 early-bird tickets

**Times:**

- 8.00am - on the day registrations open
- 8.30am - official welcome
- 9.00am - walk starts (at your own pace)

**Register Now at**  
[LiftTheLidWalk.com.au/campbelltown](http://LiftTheLidWalk.com.au/campbelltown)  
 QR code below

**Registrations:**

\$30 early-bird registrations receive a FREE T-shirt; Kids under 15 FREE! (no shirt) Walkers also receive a free sausage or vegetarian equivalent after the walk.

**Walk Details:**

A 5km circuit from Campbelltown Memorial Oval (Darley & Lower NE Road, Paradise); along the nearby River Torrens Linear Park and returning to the starting point. Support a great cause - and stay on to enjoy the Magill Sunrise Markets afterwards

Contact: Bet Gebert  
 Ph: 0429 148 143  
 E: [bettygebort17@gmail.com](mailto:bettygebort17@gmail.com)  
 Sponsorship opportunities available



**DON'T FORGET TO GET YOUR "SPRING INTO HEALTH" LIFT THE LID WALK RAFFLE TICKET/S**

You could win one of the 10 wonderful, donated prizes. (See ticket above).

Tickets \$5.00 each (800 tickets only)

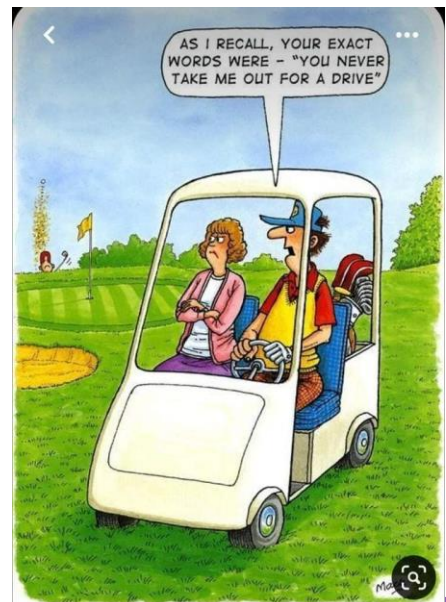
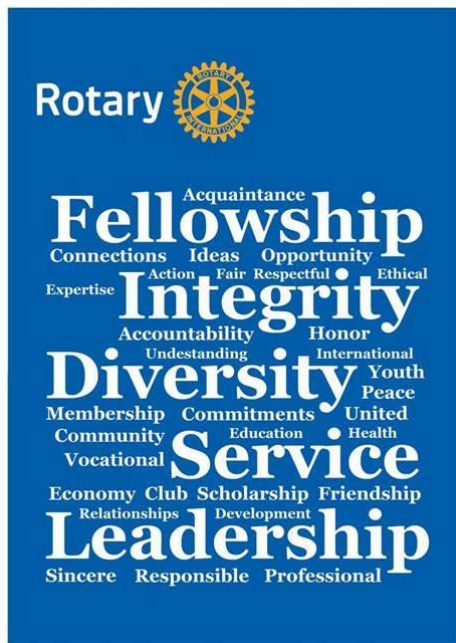
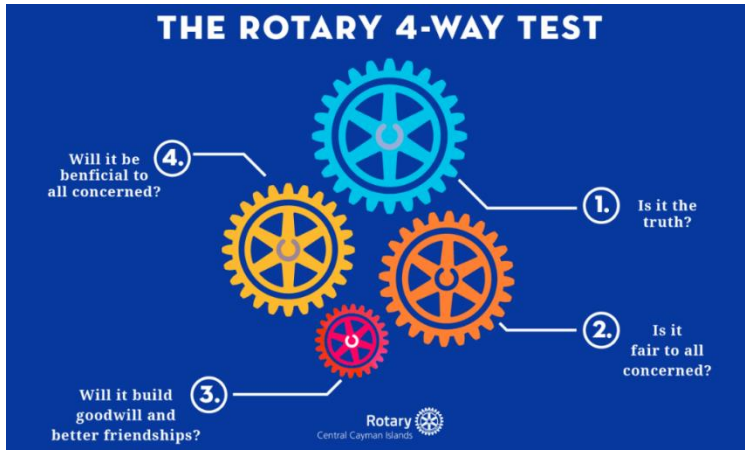
Drawn Sunday 13<sup>th</sup> October after the Lift the Lid Walk

**All proceeds to Australian Rotary Health**



[www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au)








EST. 1942  
**ARKABA  
HOTEL**

FRIDAY 2 AUGUST 6:30PM

**THE CALPERUM STATION  
ARKABA BUSH BALL**

ENTERTAINMENT BY THE SWINGIN' WILLIES  
WITH SPECIAL GUEST MELISSA MCCAIG



PRE-SALE  
**\$180\***

GOODE NOW  
QR CODE

GOURMET 3-COURSE MENU +  
4 HOUR DRINKS PACKAGE | \$195\*

WE'RE BRINGING THE FUN TO ADELAIDE IN SUPPORT  
OF THE AMAZING WORK OF CALPERUM STATION

WINES BY ANGOVE WINES  
\*PRICE PER PERSON + BOOKING FEE

TOP OF THE ARK  
150 GLEN OSMOND ROAD, FULLARTON | 08 8338 1100 | ARKABAHOTEL.COM.AU



## LOCHEND HOUSE OPEN DAY - SUNDAY 4 AUGUST 2024

Lochend House, Lochend Drive, Campbelltown SA 5074

Come along and experience the recently refurbished historic home of pioneer farmer, Charles Campbell. Surrounded by beautiful gardens, the home has been redecorated internally to represent a rural house circa 1850s.

The Campbelltown Historical Society will be opening the home to the public and invite you to visit. Gold coin donation.

History talks will be conducted inside the Community Hall (adjacent to Lochend House) at 2.30pm, 3.00pm and 3.30pm. Afternoon tea available for purchase.

**WE ARE MAKING THIS A CLUB SOCIAL EVENT. LET SUZETTE KNOW IF ATTENDING.**



Rotary District 9510 | Rotary Youth Program of Enrichment

**ROTARY YOUTH PROGRAM OF ENRICHMENT (2024)**

For young people, aged 14-17

RYPEN is a three-day residential program of enrichment for young people aged 14 to 17.

The program aims to provide opportunities for young people to develop important life-skills, and to assist them to progress their communication and leadership skills through a range of formal and informal activities.

**Activities**

Participants take part in a range of activities including:

- Ice-breakers
- Comedy skits
- Small group work
- Discussion forums
- Workshops
- Career expos

**Personal Development**

Experienced young facilitators will support and encourage participants in the program to develop their:

- Public speaking skills
- Self-care and resilience
- Communication skills
- Teamwork
- Problem-solving Skills
- Goal setting
- Beliefs and values

RYPEN'S focus is on assisting young people to become active and valuable members of society, and to develop their abilities as potential leaders.

Participants can seize the opportunity to develop leadership, communication and problem-solving skills, practice new behaviours, forge life-long friendships and challenge their personal belief systems and values.

**Who is Eligible?**

RYPEN is open to all young people aged 14 to 17 years who have an ambition to improve their interpersonal and leadership skills.

**Details in Brief**

- **When / Where:** RYPEN is held at [Nunyara Conference Centre](#) between Fri 1 Nov and Sun 3 Nov 2024.
- **How to register:** Any young person aged 14-17 can register their interest at [www.rypen9510.org](http://www.rypen9510.org)
- **Applications are due:** Monday 14 October 2024.
- **RYPEN costs:** Around \$425, but most young people will attend at no cost, fully sponsored by Rotary. Rotary Clubs may request a \$50 holding deposit which is fully refundable when the young person attends RYPEN.
- **School involvement:** Encourage young people to apply. Once a young person registers, Rotary finds a local Rotary Club to sponsor the applicant.
- **Rotary involvement:** Based on each applicant's registration details, their local Rotary Club will contact the student directly. The club may interview the applicant and ask to interview the applicant.
- **Child Protection:** RYPEN facilitators are aged between 19 and 24, have attended Rotary leadership training, have their Working With Children Check (WWCC) and have been vetted for suitability by Rotary.
- **For more information, email Kevin at:** [kevinoneil.rypen9510@gmail.com](mailto:kevinoneil.rypen9510@gmail.com)



FOR MORE INFORMATION AND TO APPLY

**RYPEN9510.ORG**

**BIRTHDAYS**

**HAPPY BIRTHDAY TO JOHN AND COLIN**



**ENJOY YOUR SPECIAL DAY**



## JULY MARKET ROSTER

Set up Saturday 13<sup>th</sup> July at 2pm – Members Only

1st Shift 7am - 11am		2nd Shift 11am - 3pm
Welcome/Raffle Table	Pauline & Alice	Bet & Pauline
Safety Check List	Colin	
Stall Allocation	Alison	
Social Media/Club Promotion	Greg	Simon
Assisting with Donuts	Licaria (8 - 11am)	Helen
Cook Donuts	Suneth	Lindsay
Orders	Suzette	Ian
Cook Sausages & Onions	Lindsay	Mark
Cook B & E Sandwiches/Fritters	Simon	Greg
Server 1	Meryl (8 - 11am)	Suzette
Server 2	Siony (9 - 11am)	Suneth
Server 3 (If required)	Alice	John (1.45pm to 3.30pm)
Float (Help where required)	Alison	Alison
Collect Stallholders Money	Ian	
	Shift includes setup	Shift includes pickup

**Drinks & Nibbles : Greg**

**Washing Towels & Aprons : Ian**

### MARKET BENEFICARY



With the cold weather moving in like it has, we thought it an appropriate time to put our support behind those less fortunate. We will be donating funds from our July market to the homeless, but we need your help also.

Please bring a blanket, jacket coat, hoodie beanie or gloves (make sure the are in good condition) to our July market and we will pass them on to those who really need them.

**Next Sunday 14<sup>th</sup> July, 9am-2.00pm at the Campbelltown Memorial Oval.**

## UPCOMING EVENTS

- Thursday 11 July **BOARD MEETING – 6PM for 6.30PM**  
"Dawn to Dusk Café" 67, Graves Street, Newton.
- Friday 12 July **MAGILL RSL SCHNITZEL NIGHT – 6.00PM**  
8 Lorne Avenue, Magill.
- Saturday 13 July **MARKET SET UP – Members Only 2.00PM**
- Sunday 14 July **RCMS MARKET – 9AM-2.00PM**  
Campbelltown Memorial Oval
- Tuesday 16 July **CLUB MEETING 1259 – 7AM**  
Heccies, 31 Fisher St, Magill  
Guest Speaker: Di Clements
- Saturday 27 July **RSL "CHRISTMAS IN JULY" from 5PM**  
8 Lorne Avenue, Magill.
- Tuesday 30 July **COMBINED SERVICES DINNER 6PM for 6.30PM**  
Marche Club, 49 Gorge Road, Paradise. \$50.00pp.  
Let Alison know if attending.
- Friday 02 August **ARKABA BUSH BALL – 6.30PM**  
Top of the Ark, 150 Glen Osmond Rd, Fullarton
- Sunday 4 August **LOCHEND HOUSE OPEN DAY 2.00PM-4.00PM**  
Gold coin donation. Afternoon tea available for purchase.  
Let Suzette know if attending.
- Tuesday 06 August **CLUB MEETING 1260– 7AM**  
Heccies, 31 Fisher St, Magill
- Sunday 11 August **RCMS MARKET – 9AM-2.00PM**  
Campbelltown Memorial Oval
- Sat 24 August **RC of LIGHTSVIEW QUIZ NIGHT**  
Details TBA

### **LIFT THE LID WALK FOR AUSTRALIAN ROTARY HEALTH**

The **Rotary Clubs of Magill Sunrise** and **Campbelltown** will host their annual **LIFT THE LID WALK** on **Sunday 13th October 2024!**

Help us **Lift the Lid on Mental Illness** by walking with us! The walk is 5km, starting from Campbelltown Memorial Oval, Corner of Darley and Lower North East Roads, linking to nearby River Torrens Linear Park and returning to Campbelltown Memorial Oval.



**Registration is now OPEN!**

[www.liftthelidwalk.com.au/campbelltown](http://www.liftthelidwalk.com.au/campbelltown)



## GROUP 3 CLUBS

### Monday

**Campbelltown:** 0407 724 699 - 6.30pm San Giorgio Club, Henry St, Payneham  
**Coromandel Valley:** 0431 012 142 – 6.30pm - 1<sup>st</sup> & 3<sup>rd</sup> Mon: St John’s Anglican Parish Hall

### Tuesday

**Magill Sunrise:** 0415 453 101 - 7.00am - 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Tue: Hectorville Sporting Club, Magill  
**St Peters:** 0493 281 503 - 6.15pm Kensi Hotel, 23 Regent St, Kensington  
**Blackwood:** 0477 788 660 - 6.30pm - 1<sup>st</sup> & 3<sup>rd</sup> Tue: Blackwood RSL  
**Edwardstown:** 0437 760 420 - 6.15pm - 1<sup>st</sup> & 3<sup>rd</sup> Tue: The Maid of Auckland Hotel  
**Unley:** 0431 618 359 - 6.00pm – Living Choice, Fullarton

### Wednesdays

**Eastwood:** 0416 367 289 - 7.00am – 1<sup>st</sup> & 3<sup>rd</sup> Wed: Royal Coach, 24 Dequetteville Tce, Kent Town  
**Norwood:** 0412 305 660 - 6.30pm - 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Wed: Kensi Hotel, 23 Regent St, Kensington  
**Hyde Park:** 0417 855 182 - 6.15pm - 2<sup>nd</sup> & 4<sup>th</sup> Wed: The Goody Hotel, Goodwood  
**Burnside:** 0401 627 339 - 6:30pm - 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Wed: Kensi Hotel, 23 Regent St, Kensington  
**Mitcham:** 0437 112 907 – 6.45pm The Edinburgh Hotel, Mitcham  
**Morialta:** 0497 159 737 - 6.30pm Tower Hotel, Magill Rd Magill

Times stated is when the **GONG** is rung.

## CONTACT US

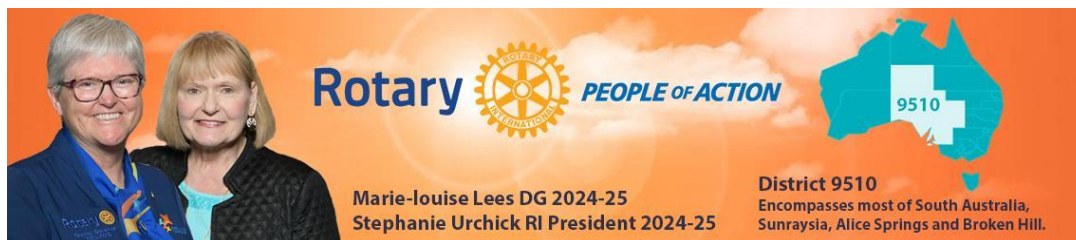
### Magill Sunrise Rotary Club

P: 0415 453 101 (Lindsay Davis) | W: [magillrotary.org.au](http://magillrotary.org.au)  
 E: [magill@rotaryclub.org.au](mailto:magill@rotaryclub.org.au) | FB: [facebook.com/rotarymagill](https://facebook.com/rotarymagill)  
 Editor: [hpauline087@gmail.com](mailto:hpauline087@gmail.com) (Pauline Hill)

### Voice of Rotary

[facebook.com/voiceofrotary](https://facebook.com/voiceofrotary)

ROTARY DISTRICT 9510  
[rotary9510.org](http://rotary9510.org)



## PRESIDENT

Pauline Hill



## SECRETARY

Simon Brewer



*In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kurna people of Tandanya, and we pay our respects to their Elders past and present.*