

# THE PERILS OF PAULINE

**VOLUME 28 | ISSUE 06**  
**1262 | 20 AUGUST 2024**

A warm welcome to Chris De La Rue and Molly Sweeney

## PRESIDENT'S REPORT



[www.australianrotaryhealth.org.au](http://www.australianrotaryhealth.org.au)

We are now on the count down for the "Lift the Lid Walk" on Sunday 13<sup>th</sup> October. This walk is an inter club event hosted by the Rotary Club of Campbelltown and the Rotary Club of Magill Sunrise.

We are hoping clubs from Group 3 will join us to make this the biggest event we have ever held for **Australian Rotary Health**, so please get in touch to see how you can help.

The momentum is building with two more sponsorships received this week from **EFM Health Clubs Magill** in the form of a SILVER SPONSORSHIP and a BRONZE SPONSORSHIP from **Lynch Meyer Lawyers**. Thank you so much for your support.

Each year approximately 1-in-5 Australians will experience a mental illness and to help future generations of young Australians, we need to look ahead through research and discover how we can prevent this type of illness occurring. Our "Lift the Lid Walk" is a step in the right direction.

The walk along the Linear Park is not a race, but an opportunity to get the community together to raise awareness of the serious mental health issues we face in all areas of our communities, schools, homes and workplaces.

Now more than ever, we need to break down the stigma that continues to plague our society so that people are more comfortable to discuss and seek help for their mental health issues. Australian Rotary Health is the sole benefactor, **100% of funds** raised from the "**LIFT THE LID WALK**" will go to supporting vital Australian Rotary Health research.

If you have a local business that would like to sponsor this event, Gold \$2,500, Silver \$1,000 or Bronze \$500 we would love to hear from you, and in the meantime get yourselves a ticket or two in the "Spring into Health" raffle.

*Pauline*



## FOR THE DIARY

**September Meetings**  
3rd, 10<sup>th</sup> & 17<sup>th</sup>

First three Tuesdays  
of the month

**Next Club Meeting**  
**1263**

7am, 03 SEPTEMBER 2024

Heccies

31 Fisher St, Magill

Club Contact:

Lindsay Davis 0415 453 101

**Guest Speaker**

**"BE PREPARED"**

**Next meeting we will hear  
from the Youth Leadership  
Team on Scouts SA**



## GUEST SPEAKER – CHRIS DE LA RUE



*Chris De La Rue with IPP Lindsay*

When our scheduled guest speaker couldn't make it to this week's club meeting Chris De La Rue stepped up.

Chris is Proprietor and Head Brewer of **Eclectic Brewing Campbelltown**. Eclectic is a Home Base Brewery; all home-based businesses have a legislated floor space and Eclectic just fulfils that requirement.

But why the name Eclectic? A quick quiz amongst members left most struggling to come up with a definition but one definition says it's an adjective meaning 'deriving ideas, style or taste from a broad and diverse range of sources.'

The name made sense when Chris listed his various occupations that began as butcher, through to Commonwealth mission planner and satellite programmer, Commonwealth security adviser, operations manager Juvenile Justice NSW, manager background screening checks, SA and manger licence regulations, SA, it naturally followed that Chris would want to own his own brewery. He finally managed to pull this off turning 60.

Chris' quest for brewing began in 2012 in Tumut NSW, but fate stepped in, and that idea was abandoned. Chris' partner, Leonie, was living in Adelaide and preparing to move to Tumut, so Chris moved to Adelaide and has remained ever since. Fate stepped in again Chris and Leonie were sampling the wares at a boutique brewery and then made a spur of the moment to purchase redundant brewing equipment and voila, Eclectic was born.

After a disaster with canning equipment being transported from Queensland, canned beer finally came off the assembly line in April of this year. In July this year Eclectic took out gold, silver and bronze for three of its beers at the Adelaide Beer and BBQ Festival. The names of those beers were Campbelltownner, Kayak and Jeepney.

This subeditor sampled Jeepney at this months' Magill Market. It has a touch of mango and I highly recommend it.

Chris told us that Adelaide tap water is unsuitable for brewing and his water goes through Reverse Osmosis before adding his magic.

You can purchase Eclectic's products at our monthly Magill Market (Campbelltown Memorial Oval) or contact Chris:

[chris@eclecticbrewing.com.au](mailto:chris@eclecticbrewing.com.au), [www.eclecticbrewing.com.au](http://www.eclecticbrewing.com.au), Mobile 0409 588 478.





## QUIZ QUESTION

The Riverland has several places named with Aboriginal names, such as Berri, Barmera, Renmark & Paringa. Some were also named after people, such as Loxton, Morgan, Cadell and Kingston. Right in the middle is Lake Bonney that almost all South Australians have visited at some stage, but how did it get its name?

Was it:

- An Aboriginal word that sounded a bit like an English word?
- Named after a place in Scotland?
- Named by a Scot who thought it "looked bonny"?
- Named after a person?

## ANSWER:

It was named after a person. Charles Bonney (1813-1897) was born in England. After migrating to Australia in 1834 he became a successful drover moving large herds of cattle & sheep around NSW and Victoria, including discovering and opening up the fertile plains around Kilmore, Vic. He was then involved in the first overland cattle drive from NSW to SA in 1838 led by Joseph Hawdon. On the way they came by Lake Victoria, which Hawdon named for the newly crowned Queen. A bit further along they encountered Lake Bonney, which Hawdon named for his young offsider Charles, but he recorded the Aboriginal names as "Nookampka".

Hawdon himself doesn't appear to have anything significant named after him despite this important foundational contribution to the SA colony, but there is a Hawdon St in Barmera. On the journey they also encountered several hostile Aboriginal groups and Bonney found that playing his flute intrigued them and calmed the situation.

Bonney went back and did another successful cattle drive from Victoria on the south side of the river, which meant he had to somehow cross the Murray River with the herd as there was no bridge. He did so with the loss of just one head.

After that he settled in SA and being very well educated, became a Magistrate and Commissioner of Crown Lands in 1842. He ran for Parliament and was elected to the House of Assembly for the seat of East Torrens, which at that time included Magill. He then returned to England for a few years and upon his return became a Member of the SA Legislative Council and ended his career as the Manager of SA Railways. In 1885 he moved to Sydney where he lived the rest of his life.

Interestingly, Barmera is probably the name the Aboriginals called the lake and between 1908 and 1913 it was actually renamed "Lake Barmera", but then changed back. Lake Bonney in the south east of SA was also named for Charles. In 1981 the Barmera Council campaigned to have the one in the south east completely renamed to avoid confusion. That was mostly rejected, but the Barmera one officially became "Lake Bonney Riverland" and the other became "Lake Bonney SE". Since 2014 it was officially co-named as "Lake Bonney Riverland / Barmera".

An interesting story with a local connection to Magill. Bet was quick off the mark with the correct answer



## ICE BREAKER

Stepping back in time for most of us (although well before Molly's time) and exploring an old polarising theme: **The Rolling Stones or The Beatles?**

(Uncharacteristically, responses of neither or both were also accepted)

### Responses:

Despite the amount of time this has been going on, most people still had a preference, and the winner is: The Beatles. The Stones still have a few followers, with no preference probably equal. There was one "neither" who was brought up with Country & Western - that could actually be an ice breaker in its own right! An interesting hoary old chestnut to re-visit, but not quite as divisive as it once was.



## PRESIDENT'S "DID YOU KNOW?"

There's been a lot of lightning storms lighting up the Adelaide skies recently. So how do you determine how far away a lightning storm is? Typically, you can count the seconds between the flash of lightning, then time how many seconds elapse before you hear thunder.


Divide the number of seconds by five and the answer is the approximate number of kilometres away from you.



## ARE YOU THE MISSING PIECE?

**Rotary**  
District 9510

says **NO** to  
**DOMESTIC VIOLENCE**



Say **Yes** to Respectful Relationships  
[www.WalkForRespect.au](http://www.WalkForRespect.au)

**Walk for Respect in this peaceful parade**

An educational walk offering our South Australian community a chance to connect and gain an insight into key signs of Domestic Violence & Coercive Control that surround us.

**Saturday 14 September 2024**

from 9am - Meet in Victoria Square

from 10am - the walk starts  
1.2km along King William Street

10.30am - Arrive at the Elder Park Rotunda

from 10.30 to 11am - Inspirational presentations

11am to Noon - Mingle | Coffee | Food | Displays

Visit [www.WalkForRespect.au](http://www.WalkForRespect.au) to learn more and connect with survivors of Domestic Violence and local support groups.



**Register to walk - FREE**

On the day, choose the group you want to walk with when you arrive in Victoria Square

**Peacefully Unite to Show Support**

<http://e.MyBookingManager.com/2024-Rotary-Walk-For-Respect>



**2024**  
**Walk for Respect**



**Saturday**  
**14 September**  
**2024**

Join The Walk  
All Welcome  
Register Online

**10am**  
**START**  
location  
muster from 9am



Rotary Districts of Australia | **LIFT THE LID** and associated illness

**MOVIE FUNDRAISER**

for

**Australian Rotary Health mental health research**

**Take my Hand**



As a vibrant young Australian woman, Laura forges a successful banking career in London and seemingly has the perfect marriage. Her world is turned upside down when she is diagnosed with multiple sclerosis and her husband starts to show his true colours. When a tragic accident leaves Laura a widowed mother with three sons, she returns home to Australia, and is reunited with Michael, a high school friend and a divorcee with one daughter, who has loved Laura since they were teenagers. In each other with their newly merged family in the small country town they grew up in - the couple's lifelong search for happiness, peace and mutual love is finally realised.

on **Sunday 8th September, 2024**

**The Regal Cinema**  
275 Kensington Rd  
KENSINGTON PARK

at 2pm for bubbles/orange juice and snacks  
for a 3pm movie

Tickets \$25 person

click on the link below or QR code to purchase your tickets  
<https://www.trybooking.com/CTIQP>



Raffle tickets for sale

Enquiries to - Barbara Wheatcroft ph: 0413511243

**MORE GENEROUS SPONSORS FOR THE "LIFT THE LID WALK"**

**A BIG THANK YOU TO EFM HEALTH CLUBS MAGILL FOR AGREEING TO BECOME OUR FIRST SILVER SPONSOR**



AND

**MANY THANKS TO LYNCH MEYER LAWYERS FOR BECOMING OUR FOURTH BRONZE SPONSOR FOR THE "LIFT THE LID WALK".**



## "SPRING INTO HEALTH" RAFFLE

### DON'T FORGET TO GET YOUR "SPRING INTO HEALTH" LIFT THE LID WALK RAFFLE TICKET/S



You could win one of the 10 wonderful, donated prizes.

Tickets \$5.00 each (800 tickets only)

Drawn Sunday 13<sup>th</sup> October after the Lift the Lid Walk

**All proceeds to Australian Rotary Health**

The Rotary Clubs of Magill Sunrise and Campbelltown Present  
The 2024 'Spring Into Health' Lift The Lid Walk

**\$5** **RAFFLE** **800 Tickets Only!**

For Mental Health Research through Australian Rotary Health

Drawn 1pm Sunday, 13th October 2024  
Magill Sunrise Market, Campbelltown Memorial Oval, Paradise SA

### TEN AMAZING PRIZES!

1st: Two Nights Accommodation for 6 people at Wilkadene Cottage on the Murray River.  
Thanks to WOOLSHED BREWERY, Murtho SA. Value Up to \$500



2nd: Gift Box thanks to NATIONAL PHARMACIES, Tea Tree Plus, Modbury. Value \$250

3rd: Shimano Tackle Bag, Hard Top thanks to BCF Modbury. Value \$125

4th: Gift Box thanks to REPCO, Modbury. Value \$125

5th: Gift Vouchers thanks to BUNNINGS, Windsor Gardens. Value \$100

6th: Gift Basket thanks to TONY & MARK'S. Value \$100

7th: Gift Basket thanks to DRAKES Lightsview. Value \$100

8th: Restaurant Voucher thanks to DIMPLES at TTG Golf Club. Value \$100

9th: Glass Oil Set and Tray thanks to PERFECT BLEND CAFÉ, Payneham South. Value \$50

10th: Trendy Gourmet Gift Box thanks to CHARLESWORTH NUTS. Value \$50

Magill Sunrise  
**Rotary**  
Club



**Rotary**  
Campbelltown SA



**A BIG THANK YOU TO ALL WHO DONATED PRIZES FOR THE RAFFLE and  
TO OUR WONDERFUL SPONSORS OF THE WALK.**



# LIFT THE LID WALK FOR MENTAL HEALTH



LIFT THE LID on mental illness

The Rotary Clubs of Magill Sunrise and Campbelltown, SA are hosting a **Lift the Lid Walk in Campbelltown** on Sunday 13<sup>th</sup> October 2024

**Raise awareness of mental illness and help fund mental health research**



Sunday, 13<sup>th</sup> October 2024



Walk starts at 9:00am



Campbelltown Memorial Oval



\$30 early-bird tickets

### Times:

- 8.00am - on the day registrations open
- 8.30am - official welcome
- 9.00am - walk starts (at your own pace)

Register Now at

[LiftTheLidWalk.com.au/campbelltown](http://LiftTheLidWalk.com.au/campbelltown)

QR code below

### Registrations:

\$30 early-bird registrations receive a FREE T-shirt; Kids under 15 FREE! (no shirt) Walkers also receive a free sausage or vegetarian equivalent after the walk.

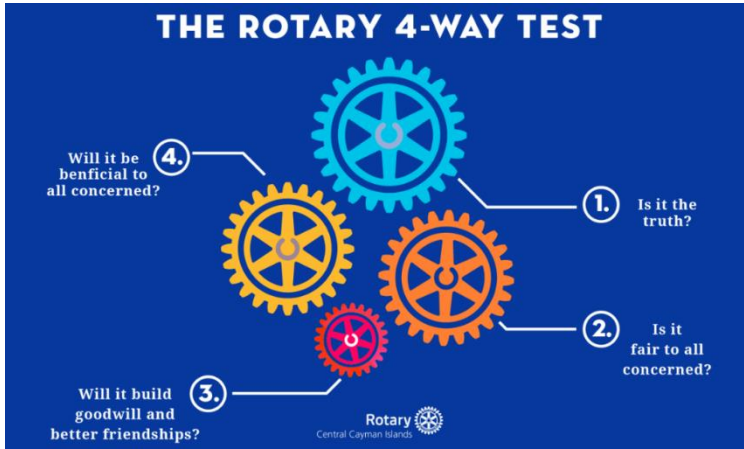
### Walk Details:

A 5km circuit from Campbelltown Memorial Oval (Darley & Lower NE Road, Paradise); along the nearby River Torrens Linear Park and returning to the starting point. Support a great cause - and stay on to enjoy the Magill Sunrise Markets afterwards

Contact: Bet Gebert  
Ph: 0429 148 143  
E: [bettygebort17@gmail.com](mailto:bettygebort17@gmail.com)  
Sponsorship opportunities available

Rotary  
Districts of Australia






## BIRTHDAYS

**HAPPY BIRTHDAY MADE AND NINA  
HAVE A GREAT DAY**

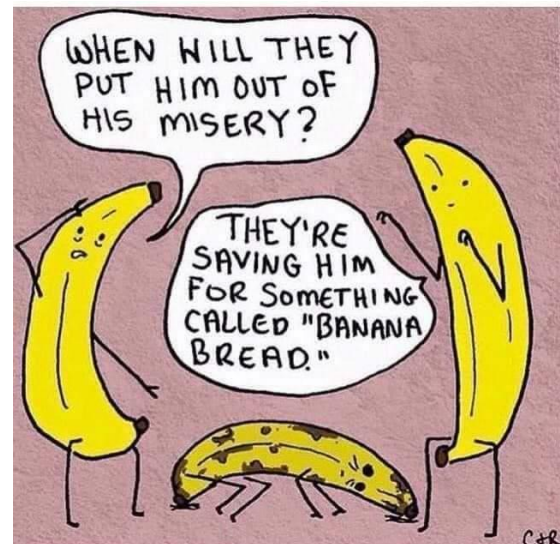





## Rotary

A club's realistic goals:

- Let's have fun
- Let's get results
- Let's make new friends








**Rotary**  
Club of Campbelltown

The Rotary Club of Campbelltown  
Invites you to the  
**ANNUAL QUIZ NIGHT**  
RAISING FUNDS FOR

**EAST ADELAIDE DOMESTIC VIOLENCE SERVICES**




**WOMEN'S SAFETY SERVICES SA**


When: **Friday 18<sup>th</sup> October 2024 6.30pm for 7.00pm start**  
Where: San Giorgio Function Centre  
11 Henry Street Payneham  
Cost: \$25.00 per person or \$200 for a table of 10.  
BYO food and drinks (no bar facilities available)

MC: Andrea Nicolas  
State Political Reporter and Presenter  
Seven Network

RSVP: 7<sup>th</sup> October 2024  
Please use TryBooking via  
<https://www.trybooking.com/CT1Chs>  
or use this QR code:



We would like to thank the Hon John Gardner MP and his office for their support

Join Us

District 9510  
The Rotary Foundation Recognition Dinner

*Trustee Mark Maloney*

NOVEMBER

WEDNESDAY 6 AT 06:00PM  
2024

The Ballroom.  
OBSERVATORY 23  
23 Hackney Road. Hackney

\$100 pp RSVP. 28/10/24  
Attire: formal/Lounge Suit



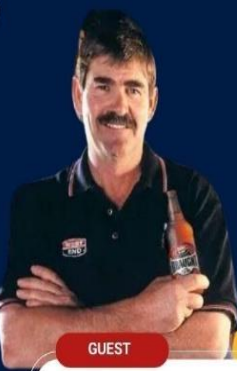




**HSCC BUSINESS LUNCHEON**



GUEST  
**TAYLOR WALKER**



GUEST  
**LES BURDETT**

Come and Join us at the ClubHouse! For a 2-  
Course Lunch and 3 Hour Drinks Package!  
With Special Guests Taylor Walker and Les Burdett!

FRIDAY 13/09/2024

START AT 12:00PM

Tickets available for \$120, or \$1000 for one table of 10.

**TICKETS - \$120**

Heccies ClubHouse 31 Fisher St, Magill

The members of the Inner Wheel Club of North East Sunset invite you to join us for our **MODIFIED Movie Fundraiser**. Due to circumstances beyond our control, the cinema movie release for "Wolfs" has been cancelled by Apple. We would like to instead offer you the action-comedy movie "Thelma" as our movie fundraiser, which stars June Squibb and Richard Roundtree.

**THELMA**

Sunday 29th September 2024  
Arrive from 1.30pm for a 2.00pm start

at The Regal Theatre  
275 Kensington Road, Kensington Park

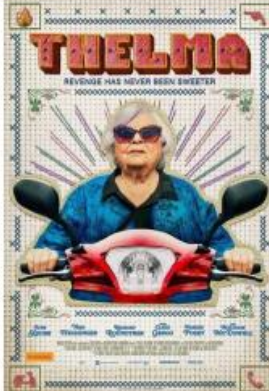
**\$15.00 per ticket**  
Tickets are available from North East Sunset club members or by emailing: [iw.au.northeastsunset@gmail.com](mailto:iw.au.northeastsunset@gmail.com)


All movie tickets sold will still be perfectly valid for this alternative movie. If you wish for a refund, please contact the person you bought your tickets from. We apologise for any inconvenience caused.

**\$15.00 Movie Tickets (cash only) can be purchased on the day.**

**\$5.00 Raffle Tickets (cash only) will also be available on the day.**

Proceeds go to National Breast Cancer Foundation







## UPCOMING EVENTS

- Tuesday 03 September      **CLUB MEETING 1263– 7AM**  
Heccies, 31 Fisher St, Magill
- Tuesday 3 September      **VETERAN'S LUNCH – 12NOON**  
Magill RSL, 8 Lorne Avenue, Magill.
- Sunday 8 September      **RCMS MONTHLY MARKET – 9AM-2PM**  
Campbelltown Memorial Oval
- Sunday 8 September      **MOVIE FUND RAISER FOR ARH – 2PM**  
Movie: "Take my Hand" - \$25.00pp  
Regal Cinema, 275, Kensington Rd, Kensington Park
- Tuesday 10 September      **CLUB MEETING 1263– 7AM**  
Heccies, 31 Fisher St, Magill
- Thursday 12 September      **BOARD MEETING 6pm for 6.30pm**  
"Dawn to Dusk" Restaurant  
67, Graves Street, Newton.
- Friday 13 September      **HSCC BUSINESS LUNCHEON - 12 NOON**  
Heccies, 31 Fisher Street  
Two course lunch plus three-hour drink package  
\$120.00 pp
- Friday 13 September      **MAGILL RSL SCHNITZEL NIGHT – 6PM**  
8 Lorne Avenue, Magill.
- Saturday 14 September      **WALK FOR RESPECT – 9AM**  
Victoria Square
- Tuesday 17 September      **CLUB MEETING 1263– 7AM**  
Heccies, 31 Fisher St, Magill
- Sunday 29 September      **INNER WHEEL MOVIE FUND RAISER - 1.30PM FOR 2.00PM**  
Movie: "Thelma" - \$15.00pp  
Regal Cinema, 275, Kensington Rd, Kensington Park  
Proceeds to National Breast Cancer Foundation
- Sunday 13 October      **LIFT THE LID WALK FOR AUSTRALIAN ROTARY HEALTH**  
Campbelltown Memorial Oval – 8.00am
- Friday 18 October      **RC of CAMPBELLTOWN QUIZ NIGHT – 6.30PM**  
San Giorgio Centre, Payneham      \$25.00pp
- Wednesday 6 November      **ROTARY FOUNDATION RECOGNITION DINNER – 6PM**  
Observatory 23, 23 Hackney Rd, Hackney      \$100.00pp



## GROUP 3 CLUBS

### Monday

**Campbelltown:** 0407 724 699 - 6.30pm San Giorgio Club, Henry St, Payneham  
**Coromandel Valley:** 0431 012 142 – 6.30pm - 1<sup>st</sup> & 3<sup>rd</sup> Mon: St John’s Anglican Parish Hall

### Tuesday

**Magill Sunrise:** 0415 453 101 - 7.00am - 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Tue: Hectorville Sporting Club, Magill  
**St Peters:** 0493 281 503 - 6.15pm Kensi Hotel, 23 Regent St, Kensington  
**Blackwood:** 0477 788 660 - 6.30pm - 1<sup>st</sup> & 3<sup>rd</sup> Tue: Blackwood RSL  
**Edwardstown:** 0437 760 420 - 6.15pm - 1<sup>st</sup> & 3<sup>rd</sup> Tue: The Maid of Auckland Hotel  
**Unley:** 0431 618 359 - 6.00pm – Living Choice, Fullarton

### Wednesdays

**Eastwood:** 0416 367 289 - 7.00am – 1<sup>st</sup> & 3<sup>rd</sup> Wed: Royal Coach, 24 Dequetteville Tce, Kent Town  
**Norwood:** 0412 305 660 - 6.30pm - 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Wed: Kensi Hotel, 23 Regent St, Kensington  
**Hyde Park:** 0417 855 182 - 6.15pm - 2<sup>nd</sup> & 4<sup>th</sup> Wed: The Goody Hotel, Goodwood  
**Burnside:** 0401 627 339 - 6:30pm - 2<sup>nd</sup>, 4<sup>th</sup> & 5<sup>th</sup> Wed: Kensi Hotel, 23 Regent St, Kensington  
**Mitcham:** 0437 112 907 – 6.45pm The Edinburgh Hotel, Mitcham  
**Morialta:** 0497 159 737 - 6.30pm Tower Hotel, Magill Rd Magill

Times stated is when the **GONG** is rung.

## CONTACT US

### Magill Sunrise Rotary Club

P: 0415 453 101 (Lindsay Davis) | W: [magillrotary.org.au](http://magillrotary.org.au)  
 E: [magill@rotaryclub.org.au](mailto:magill@rotaryclub.org.au) | FB: [facebook.com/rotarymagill](https://facebook.com/rotarymagill)  
 Editor: [hpauline087@gmail.com](mailto:hpauline087@gmail.com) (Pauline Hill)

### Voice of Rotary

[facebook.com/voiceofrotary](https://facebook.com/voiceofrotary)

ROTARY DISTRICT 9510

[rotary9510.org](http://rotary9510.org)

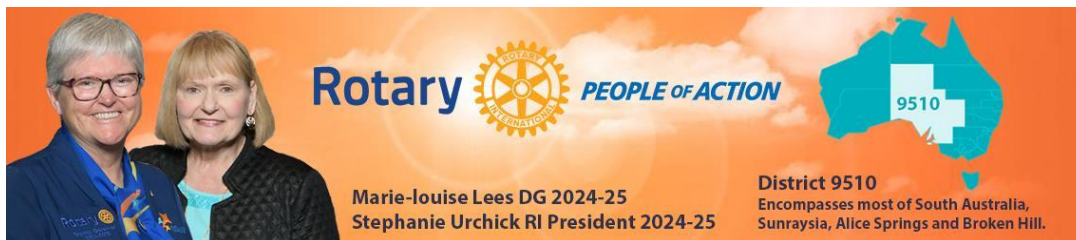
## PRESIDENT

Pauline Hill



## SECRETARY

Simon Brewer



*In the spirit of reconciliation, the Rotary Club of Magill Sunrise acknowledges the Traditional Owners of the land where we serve the community, the Kaurna people of Tandanya, and we pay our respects to their Elders past and present.*